



Uncanoonuc Mt. Perennials

452 Mountain Road • Goffstown, NH 03045
Phone 603-497-3975 • Fax 603-497-5774
www.uncanoonucmt.com
email: questions@uncanoonucmt.com

List of Native North American Plants

This list contains plants considered native to North American gardens.
Also included in this list are selections and hybrids, which have native parentage.

Latin Name

Common Name

Ferns

Adiantum pedatum
Athyrium filix-femina
Dennstaedtia punctilobula
Matteuccia struthiopteris
Osmunda regalis
Polystichum acrostichoides

Northern Maiden Hair Fern
Lady Fern (incl. 'Dre's Dagger', 'Frizelliae', 'Lady in Red')
Hayscented Fern
Ostrich Fern
Royal Fern
Christmas Fern

Grasses

Carex pensylvatica
Chasmanthium latifolium
Deschampsia cespitosa
Equisetum hyemale
Panicum amarum
Panicum virgatum

Schizachyrium scoparium
Sporobolus heterolepis

Oak Sedge
Wild Oat Grass (incl. 'River Mist')
Tufted Hair Grass (incl. 'Gold Pendant')
Scouring Rush, Horsetail
Bitter Switch Grass (incl. 'Dewey Blue')
Switch Grass (incl. 'Cheyenne Sky', 'Heavy Metal', 'Northwind',
'Shenandoah')
Little Bluestem (incl. 'The Blues')
Prairie Dropseed

Vines

Aristolochia durior
Campsis radicans
Lonicera x heckrottii
Lonicera reticulata
Lonicera sempervirens
Parthenocissus quinquefolia
Wisteria frutescens

Dutchman's Pipe
Trumpetvine
Goldflame Honeysuckle
Eucalyptus Honeysuckle
Trumpet Honeysuckle (incl. 'Major Wheeler')
Virginia Creeper
American Wisteria (incl. 'Amethyst Falls', 'Blue Moon')

Perennials

<i>Actaea pachypoda</i>	Doll's Eyes (incl. 'Misty Blue')
<i>Agastache foeniculum</i>	Anise Hyssop (incl. 'Blue Fortune')
<i>Amsonia ciliata</i>	Fringed Blue Star (incl. 'Spring Sky')
<i>Amsonia hubrichtii</i>	Threadleaf Blue Star
<i>Amsonia tabernaemontana</i> var. <i>montana</i>	Dwarf Blue Star
<i>Amsonia tabernaemontana</i>	Blue Star (incl. 'Blue Ice')
<i>Aquilegia canadensis</i>	American Columbine
<i>Arctostaphylos uvi-ursi</i>	Bearberry
<i>Arisaema triphyllum</i>	Common Jack in the Pulpit
<i>Aruncus dioicus</i>	Goatsbeard
<i>Asclepias incarnata</i>	Swamp Milkweed, Butterfly Weed (incl. 'Cinderella', 'Ice Ballet')
<i>Asclepias tuberosa</i>	Butterfly Weed
<i>Aster cordifolius</i>	Wood Aster (incl. 'Avondale')
<i>Aster divaricatus</i>	White Wood Aster (incl. 'Eastern Star')
<i>Aster ericoides</i>	Heath Aster (incl. 'Snow Flurry')
<i>Aster laterifolius</i>	Calico Aster (incl. 'Lady in Black')
<i>Aster novae-angliae</i>	New England Aster (incl. 'Alma Potschke', 'Hella Lacy', 'Purple Dome')
<i>Aster novi-belgii</i>	New York Aster (incl. 'Alert', 'Wood's Pink')
<i>Aster oblongifolius</i>	Aromatic Aster (incl. 'Raydon's Favorite')
<i>Baptisia australis</i>	False Indigo, Blue Indigo
<i>Baptisia sphaerocarpa</i>	Yellow Indigo (incl. 'Screaming Yellow')
<i>Baptisia hybrid</i>	False Indigo (incl. 'Blueberry Sundae', 'Dutch Chocolate', 'Solar Flare', 'Twilite Prairieblues')
<i>Boltonia asteroides</i>	False Aster (incl. 'Jim Crockett')
<i>Calylophus serrulatus</i>	Sundrops (incl. 'Prairie Lode')
<i>Chelone lyonii</i>	Pink Turtlehead (incl. 'Hot Lips')
<i>Chrysogonum virginianum</i>	Golden Star (incl. 'Allen Bush')
<i>Coreopsis auriculata</i> 'Nana'	Dwarf-eared Coreopsis
<i>Coreopsis grandiflora</i>	Common Tickseed (incl. 'Sunray')
<i>Coreopsis verticillata</i>	Threadleaf Coreopsis (incl. 'Full Moon', 'Moonbeam', 'Route 66', 'Zagreb')
<i>Cornus canadensis</i>	Bunchberry
<i>Darmera peltata</i>	Umbrella Plant
<i>Delphinium exaltatum</i>	Tall Larkspur
<i>Dicentra eximia</i>	Fringed Bleeding Heart (incl. 'Burning Hearts', 'Ivory Hearts', 'King of Hearts')
<i>Echinacea purpurea</i>	Purple Coneflower (many cultivars)
<i>Echinacea purpurea</i> x <i>paradoxa</i>	Coneflower ('Now Cheesier', 'Tomato Soup')
<i>Echinacea tenesseeensis</i>	Tennessee Coneflower (incl. 'Rocky Top')
<i>Eupatorium dubium</i>	Joe-Pye weed (incl. 'Little Joe')
<i>Eupatorium purpureum</i>	Joe-Pye weed (incl. 'Baby Joe', 'Gateway')
<i>Eupatorium rugosum</i>	Joe-Pye weed (incl. 'Chocolate')
<i>Gaura lindheimeri</i>	Whirling Butterflies, Gaura (incl. 'Siskiyou Pink')
<i>Geranium maculatum</i>	Spotted Cranesbill, Geranium (incl. 'Espresso')
<i>Helenium autumnale</i>	Sneezeweed, Helenium (incl. 'Mardi Gras', 'Ruby Dwarf')
<i>Helenium flexuosum</i>	Sneezeweed, Helenium (incl. 'Tiny Dancer')
<i>Heliopsis helianthoides</i>	False Sunflower, Heliopsis (incl. 'Summer Sun', 'Tuscan Sun')
<i>Heuchera villosa</i>	Hairy Alumroot, Coral Bells (incl. 'Autumn Bride', 'Caramel', 'Encore', 'Frosted Violet')
<i>Hibiscus mocheutos</i>	Rose Mallow (incl. 'Blue River II', 'Fireball', 'Pink Elephant', 'Plum Crazy')
<i>Iris cristata</i>	Crested Iris (incl. 'Eco Bluebird', 'Tennessee White')
<i>Iris versicolor</i>	Blue Flag Iris

Perennials (continued)

<i>Liatris spicata</i>	Gayfeather, Blazing Star (incl. 'Floristan Violet', 'Floristan White', 'Kobold')
<i>Lobelia cardinalis</i>	Cardinal Flower (incl. 'New Moon Maroon')
<i>Lobelia siphilitica</i>	Great Blue Lobelia
<i>Lupinus perennis</i>	Wild Lupine
<i>Mertensia virginica</i>	Virginia Bluebells
<i>Monarda didyma</i>	Beebalm (incl. 'Blue Stockings', 'Jacob Cline', 'Petite Delight')
<i>Oenothera fruticosa</i> subsp. <i>glauca</i> cultivar	Common Sundrops (incl. 'Summer Solstice')
<i>Oenothera hybrid</i> 'Cold Crick'	'Cold Crick' Sundrops
<i>Oenothera kunthiana</i>	Evening Primrose (incl. 'Glowing Magenta')
<i>Oenothera macrocarpa</i>	Missouri Evening Primrose (incl. 'Lemon Silver', 'Shimmer')
<i>Oenothera speciosa</i> 'Siskiyou'	Evening Primrose
<i>Pachysandra procumbens</i>	Allegheny Spurge
<i>Penstemon barbatus</i>	Beardtongue (incl. 'Elfin Pink', 'Iron Maiden')
<i>Penstemon digitalis</i>	Smooth White Penstemon (incl. 'Dark Towers')
<i>Penstemon hybrids</i>	Penstemon (incl. 'Pike's Peak Purple', 'Red Rocks')
<i>Phlox x</i> 'Chattahoochee'	Chattahoochee Phlox
<i>Phlox divaricata</i>	Woodland Phlox (incl. 'Blue Moon')
<i>Phlox douglasii</i>	Phlox (incl. 'Coral Eye', 'Crackerjack')
<i>Phlox glaberrima</i>	Smooth Phlox (incl. 'Morris Berd')
<i>Phlox maculata</i>	Spotted Phlox (incl. 'Miss Lingard', 'Natascha')
<i>Phlox paniculata</i>	Garden Phlox, Tall Phlox (incl. 'David', 'Laura', 'Starfire')
<i>Phlox stolonifera</i>	Creeping Phlox (incl. 'Home Fires', 'Sherwood Purple')
<i>Phlox subulata</i>	Moss Phlox, Ground Phlox (incl. 'Emerald Pink', 'Snowflake')
<i>Physostegia virginiana</i>	Obedient Plant, False Dragonhead (incl. 'Miss Manners')
<i>Podophyllum peltatum</i>	May Apple
<i>Polemonium reptans</i>	Creeping Jacob's Ladder (incl. 'Heaven's Scent')
<i>Porteranthus trifoliatus</i>	Indian Physic, Bowman's Root (incl. 'Pink Profusion')
<i>Pycnanthemum muticum</i>	Mountain Mint
<i>Ratibida columnifer</i>	Mexican Hat (incl. 'Red Midget')
<i>Rudbeckia fulgida</i> var. <i>sullivantii</i>	Black-eyed Susan (incl. 'Goldsturm', 'Little Goldstar')
<i>Rudbeckia laciniata</i>	Cutleaf Coneflower (incl. 'Autumn Sun')
<i>Rudbeckia subtomentosa</i>	Sweet Coneflower (incl. 'Little Henry')
<i>Salvia lycioides x greggii</i>	'Ultra Violet' Salvia
<i>Sidalcea malviflora</i>	Checkerbloom, Prairie Mallow (incl. 'Party Girl')
<i>Silene caroliniana</i> var. <i>wherryi</i>	Wild Pink (incl. 'Short and Sweet')
<i>Sisyrinchium angustifolium</i>	Common Blue-Eyed Grass (incl. 'Lucerne')
<i>Solidago hybrid</i>	Goldenrod (incl. 'Little Lemon')
<i>Solidago shortii</i>	Goldenrod (incl. 'Solar Cascade')
<i>Solidago sphacelata</i>	Autumn Goldenrod (incl. 'Golden Fleece')
<i>Spigelia marilandica</i>	Indian Pink
<i>Stokesia laevis</i>	Stoke's Aster (incl. 'Peachie's Pick')
<i>Thermopsis caroliniana</i>	Carolina False Lupine
<i>Tiarella cordifolia</i>	Foamflower (incl. 'Pink Skyrocket', 'Spring Symphony')
<i>Tradescantia virginiana</i>	Virginia Spiderwort (incl. 'Concord Grape')
<i>Trillium grandiflorum</i>	Great White Trillium
<i>Trollius laxus</i>	Globeflower
<i>Vaccinium vitis-idaea</i> minus	Dwarf Lingonberry
<i>Vernonia lettermanii</i>	Threadleaf Ironweed (incl. 'Iron Butterfly')
<i>Vernonia noveboracensis</i>	New York Ironweed
<i>Veronicastrum virginicum</i>	Culver's Root
<i>Viola walteri</i>	Appalachian Blue Violet (incl. 'Silver Gem')
<i>Yucca filamentosa</i>	Adam's Needle, Yucca (incl. 'Bright Edge', 'Color Guard')

Shrubs

<i>Calycanthus floridus</i>	Eastern Sweetshrub (incl. 'Athens')
<i>Cephalanthus occidentalis</i>	Buttonbush
<i>Clethra alnifolia</i>	Summersweet (incl. 'Hummingbird', 'Ruby Spice')
<i>Comptonia peregrina</i>	Sweetfern
<i>Diervilla lonicera</i>	Dwarf Bush-Honeysuckle
<i>Diervilla sessilifolia</i>	Southern Bush Honeysuckle (incl. 'Cool Splash')
<i>Fothergilla gardenii</i>	Dwarf Fothergilla
<i>Fothergilla major</i>	Large Fothergilla (incl. 'Mount Airy')
<i>Hamamelis virginica</i>	Common Witchhazel
<i>Hydrangea arborescens</i>	Wild Hydrangea (incl. 'Annabelle', 'Bella Anna')
<i>Hydrangea quercifolia</i>	Oakleaf Hydrangea (incl. 'Snow Queen')
<i>Hypericum frondosum</i>	Golden St. Johnswort (incl. 'Sunburst')
<i>Hypericum kalmianum</i>	Kalm St. Johnswort (incl. 'Cobalt-N-Gold')
<i>Ilex glabra</i>	Inkberry (incl. 'Shamrock')
<i>Ilex verticillata</i>	Common Winterberry (incl. 'Jim Dandy', 'Red Sprite')
<i>Itea virginica</i>	Virginia Sweetspire (incl. 'Little Henry')
<i>Juniperus horizontalis</i>	Creeping Juniper (incl. 'Blue Rug', 'Mother Lode')
<i>Kalmia latifolia</i>	Mountain-laurel (incl. 'Carousel', 'Elf', 'Sarah')
<i>Lespedeza thunbergii</i>	Bush Clover
<i>Leucothoe axillaris</i>	Coastal Leucothoe
<i>Leucothoe fontanesiana</i>	Drooping Leucothoe (Dwarf, 'Scarletta')
<i>Physocarpus opulifolius</i>	Common Ninebark (incl. 'Summer Wine')
<i>Picea pungens</i>	Colorado Spruce (incl. 'Montgomery')
<i>Potentilla fruticosa</i>	Shrubby Cinquefoil (incl. 'Abbottswood', 'Goldfinger')
<i>Rhododendron carolinianum</i>	Carolina Rhododendron (incl. 'Towhead')
<i>Rhododendron catawbiense</i>	Rhododendron (incl. 'Capistrano', 'Nova Zembla')
<i>Rhododendron x prinophyllum</i>	Roseshell Azalea (incl. 'Mandarin Lights' & 'Rosy Lights')
<i>Rhododendron viscosum</i>	Swamp Azalea (incl. 'Pink 'n Sweet', 'Sparkler')
<i>Rhus aromatica</i>	Fragrant Sumac (incl. 'Gro-Low')
<i>Rhus copallina</i> var. <i>latifolia</i>	Shining Sumac (incl. 'Prairie Flame')
<i>Rubus idaeus</i> cultivar	American Raspberry (incl. 'Royalty Purple', 'Taylor Red')
<i>Symphoricarpos x doorenbosii</i>	Coralberry (incl. 'Amethyst', 'Sweet Sensation')
<i>Thuja occidentalis</i>	American Arborvitae (incl. 'Hetz Midget', 'Smaragd')
<i>Vaccinium angustifolium</i>	Lowbush Blueberry
<i>Vaccinium corymbosum</i>	Highbush Blueberry

**This is not intended to be a comprehensive list of native plants.
For more in depth information, please consult:**

**Armitage's Native Plants for North American Gardens
Allan M. Armitage, Timber Press, Inc., Portland, OR, 2006**

USDA website: <http://plants.usda.gov>

